

## Retirement is Not the End

After 30 or 40 years in the mad rush of the corporate world, you should be happy taking a break. Retirement at this stage should come as a great relief rather than a pain. At least now you can afford to do those things you loved doing, but couldn't do because work did not permit you to.

There are many things you can indulge in to keep your retirement life occupied and happy. You could consider going into politics to help people and your community. Or you could simply engage in charity works offering your time or money to put a smile on people's faces.

Most people cry when they hear about retirement. This happens when they fail to plan for it. If you are able to plan well for your retirement, there won't be any cause to worry. So, if you are one of those without a plan for your retirement, you better start now.

It's never too early to start planning for retirement. It can only be too late. Don't start feeling that you still have your whole life ahead of you. No matter your age, even if below 30, you should start saving now for a great life after retirement.

Spend less than you earn if you want to save for your retirement. This is one success tip you must never overlook. Borrowing and spending when your earning is not even enough can only be disastrous.

Who says that life has to stop simply because you are retiring and are getting older? Retirement is not about living a sedentary life. Retirement is simply having more time on your hands to do the things that you may have always wanted to do but simply did not have enough time for.

When you retire, exercise is very important. If you were already used to exercise, keep it going. If not, make sure you get yourself hooked up to some exercise and fitness program. If you do, you're sure to have a physically strong body that will keep you through a strong happy life.

After retirement, you could still indulge in part time work. This of course should be something you love doing. It's only by doing something you love doing that you can enjoy working part time after retirement.

## About the Author

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