

The Home Remedy Hair Loss Secrets

You don't have to go into a state of panic when you see hair on your brush after brushing it because the hair actually goes through a phase where it sheds resting hair. The human hair is supposed to shed fifty to a hundred hair strands daily as a way to encourage new hair growth. Bear in mind that without a considerable amount of hair loss, you won't be able to grow new hair.

Your hair loss condition may be a result of the medication you are taking. As a general rule, anticoagulant drugs tend to cause a lot of side effects including hair loss. Chemotherapy treatments have been known to cause hair loss.

Alopecia Areata is a hair loss condition that is a product of an autoimmune problem. An autoimmune problem occurs when the antibodies produced by the body turns on itself and fights itself. Alopecia Areata is a baldness condition that causes shiny coin sized patches in several parts of the hair.

Some teenagers may experience hair loss as a result of medication they may be taking due to several conditions. If you are taking lithium, for example, you may experience hair loss to some degree. Acne treatment medication such as isotretinoin can cause extensive hair loss in teenagers. So, if your teenager is experiencing hair loss, look out for these possible causes and let your dermatologist know about them.

Female pattern baldness is not as bad as male pattern baldness. Female pattern baldness does not involve frontal hair loss as male pattern baldness does. For females, baldness constitutes a gradual thinning of the hair over the years.

The leading cause of hair loss in men is an imbalance in the dihydrotestosterone (DHT) levels. The dihydrotestosterone is a derivative of testosterone that causes the blood supply network to the hair to be impaired resulting in hair loss. Lack of circulation to the hair can lead to hair loss.

Some medical conditions can cause hair loss in women. Anorexia is a disease that is accompanied by hair loss owing to poor nutrition. Anemia also causes hair loss in women.

A change in your nutrition may be the key to halting hair loss. Diet affects not only the way our bodies are shaped but also the rate at which we grow or lose our hair. Eating healthy can reduce the chance of losing your hair.

About the Author

No matter how much you feel you know regarding hair loss information such as articles about [Stress Symptom And Hair Loss](#), and [Dandruff That Causes Hair Loss](#), read this website to be thrilled with very necessary information --> <http://www.tophairlossdoctors.com>

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