

Do Not Make These Mistakes About Skis And Skiing -- Discover Useful Benefits Now

It seems easy to do when you watch downhill skiers on TV. It looks so effortless, unless they take a tumble of course. Cross Country skiing came first and then the invention of tow lifts brought Alpine Skiing. The Austrians, Swiss and Italians have dominated the sport. As soon as they can walk, some young children in the Alps region can ski and go to school on their skis everyday.

Most people ski as a leisure pursuit and leave the Olympic ambitions to the daredevils. Snowboarding, particularly popular with the young, has joined Alpine Skiing. Racing down slopes on planks of wood does seem a crazy thing to do. Having done it myself, I know how thrilling it is. I have skied in Scotland in the fog and over sheer ice. One day I hit a sheet of ice and couldn't prevent myself from crashing into a tree. There was this cabin at the top of the hill where you could buy hot chocolate, coffee and snacks. You can also feed from your hand the local herd and reindeer when they came up near the cabin. Yes Alpine Skiing is really amazing!

My other experience of skiing was in Austria. The weather and snow conditions were better there. There is nothing to beat Alpine Skiing when the sun is shining and the snow glitters in the sunlight. I love AprÅ's Ski too and I remember drinking a lot of great wine. I resided in a picture postcard little village in a classic Alpine lodge. In the small village, there was this amazing church, which was adorned with frescoes and gold. One night, my friends and I went to a local bar and I had rather too much schnapps. I suffered the next day and my Alpine Skiing had to be put on hold.

I promised myself to go skiing again and try to improve. A very big dry slope has opened near my home, which would be a good way to get back into it again. I may even try out snowboarding lessons; I don't see why the young should have all the fun. When I was in Austria, we had a trip to Innsbruck and we visited the old site for the Winter Olympics there. I stood at the top of what was the ski jump slope, and the incline is staggering. You can't get any idea of what ski jumping is like from television. I am sure it must feel like flying sometimes. The only time that I ever flew was by pure accident!

About the Author

Nathan Knightley a well known novelist is also an Internet enthusiast and really likes sharing his information with other people. Discover more now about Skiing and [regarding Skiing ideas](#) at his website www.skisskiingsnowboarding.com

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