

## High Blood Pressure Management Wet v1 - Software

Although everyone's blood pressure fluctuates, even if your blood pressure is perfectly normal, when it stays above normal a large percentage of the time you should seek a doctor's advice on what to do to treat your high blood pressure. Many people are under the impression that once they treat their blood pressure and it goes to normal ranges they can stop the treatment. This could not be further from the truth. You will still have high blood pressure. It is just being managed and kept under control. If you stop taking your medicine, it will go right back up and you may not even know it. Technology has taught us many things about the human body. Today there are many treatments that help us to live longer and control different aspects of our body so the risk of death from certain diseases is not as prevalent as it once was many years ago. Blood pressure is measured today by machines as well as the blood pressure cuff.

### About the Author

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