

## As A Man Thinketh: Law of Attraction By James Allen

As A Man Thinketh was written by James Allen and it was published in 1902. The title was taken from the Bible (Book of Proverbs; Chapter 23 verse 7) that says "As a man thinketh in his heart, so is he." The book have changed millions of life and is still inspiring almost every new readers. After more than 100 years it was published, it is still selling well.

The meaning of the phrase in the Bible is not related with the content of James Allen book, "As A Man Thinketh." The book suggests that we are the makers of ourselves. The person we are, our environmental and circumstances in our life are direct reflection of our inner state. Our inner state consists of our minds.

According to James Allen in As A Man Thinketh, our mind possess creativity to create and we are constantly creating our reality by the power our thought holds. It is through this thought, we bring both joy and pain into our life. Our reality are the reflections of our inner world.

As A Man Thinketh introduces the Law of Attraction to the readers. It has become one of the best reference for those who wants to study and master the Law of Attraction. Though the book did not mention the Law of Attraction specifically, the content in this book reveals the secrets of The Secret. By knowing the Secret of The Secret, we can utilize the opportunity that the Universe have given us.

One of the Secret is, we do not attract what we want. We only attract what we are. This is one of the important Law of Attraction key because the Law is about being and having. We cannot change our external world if we have not yet changed our internal world. What we are internally is what we will be externally. To receive in the physical world, we must first receive it in our mental world. The mental world is the inner world or also known as the world within.

In As A Man Thinketh, James Allen said the only reason we are still the same is because we are still entertaining the same kind of thoughts and doing the same actions. James Allen explained it beautifully by saying, "As he continues to think, so he remains." If you study Law of Attraction, you will find the reason we are getting more of what we are getting is because we are focusing on it. The only way we can change our result is to change our mind.

By reading As A Man Thinketh, we will understand we can create our future by using visions that we can see in our mind. The author said the vision that we have in our mind is what we shall be. It is totally the same with the Law of Attraction. We are manifesting our reality by the images we are holding in our mind. Even Albert Einstein realized the true power of our imagination and he said imagination is more important than knowledge. According to him, the imagination we are having in our mind is the future that we are about to manifest.

### About the Author

This article was written by Avatar. He been writing about the Law of Attraction for few years with an intention to inspire his blog readers. [As A Man Thinketh](#) ebook available in PDF for free download (legal version) from his [Law of Attraction](#) website. Go ahead and download As A Man Thinketh PDF ebook right now.

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