

How to Get Rid of Acne Overnight - 5 Top Tips to Get Your Skin Clear & Beautiful by the Morning!

You have a wedding to go to in the morning or perhaps a party or some kind of special social gathering. You want to look your best and pray for a clear complexion, but unfortunately you have a break-out of spots the day before. You would love to know how to get rid of acne overnight. Therefore in this article i would like to provide you with some tips to get rid of acne overnight.

- 1) First you should wash your face in warm water with a relatively mild facial cleanser. This will remove any excess dirt or oil on your face. Do not use soap as this will do more harm than good.
- 2) In order to get rid of acne overnight you may have to use some homemade face masks. One of the best to try is an oatmeal mask. This will help to absorb the oils in your skin and remove any dirt. You could also try an egg-white mask! The whites of an egg have a high concentration of vitamin A which is great for exfoliating and tightening the skin.
- 3) You could try numerous facial scrubs which are great for removing the layer of dead skin on your face. They should leave your skin looking fresh. You could try mixing toothpaste, sugar and a little water together. Do not use the gel toothpaste. Once you have mixed up enough to form a paste that is coarse in texture you can apply it to your skin. Wash off after a few minutes of gentle scrubbing with cold water.
- 4) Some people swear by alcohol to get rid of acne overnight. You should soak some cotton wool in alcohol and gently dab over the affected areas of your face. Other ingredients that may also work as a "dab" is a mixture of tomato juice and honey. Or you could even try apple cider vinegar. All of these ingredients have fantastic cleansing and healing qualities.
- 5) Another way to get rid of acne overnight may be to try a herbal remedy. Herbs in general are known to have soothing and healing powers! You may of heard of herbs such as burdock, tea tree, witch hazel and yellow dock being used as an ingredient in treatments to get rid of acne. One of the most used herbal treatments is Kampo. This is a modern day Japanese remedy that uses a total of 17 herbs in their special ointment.

Most of all if you want to get rid of acne overnight, make sure you get plenty of rest and a good night's sleep.

About the Author

CAUTION: Now i need you to pay very close attention to this:- If nothing you are currently doing is helping to clear your spots, pimples or acne, you need a different approach. There are various [Home Remedies For Acne](#) that are proven to work and can cure you within days. To discover exactly what you should do next - [CLICK HERE](#)

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