

Increase Penis Size Naturally - How to Conquer Your Fear of Letting a Woman See You Naked!

You're in a bar, relaxing amongst friends. Suddenly a flash of beauty catches your eye. It's the most gorgeous woman you have ever seen and she's even smiling at you. She gives you the come-on, so what do you do? You smile back pathetically, turn your back on her and continue chatting with your friends!

So what's the problem? Was she not attractive enough? Was she not your type? No the problem is, you are scared to strip off in front of her and most of all you don't want her to see your small penis!

Does this scenario sound familiar? Trust me, millions of guys everywhere around the world suffer from these feelings. You could be the most attractive man in the world, women may constantly fall at your feet, but that is purely academic if you are never going to do anything about it because of the size of your penis!

Unfortunately, it is estimated that three-quarters of all women are dissatisfied with their partner's penis and would love it to be bigger. I'm sure we have all said, at one time or another, that size doesn't matter, but you and me both know- it DOES!

So how can you make your penis bigger?

OK, it's going to sound ridiculous to start with and I guess you're going to be highly skeptical, but exercising to increase penis size naturally seems the way to go. Men have been exercising to make their penis bigger for many hundreds of years. Certain exercises work on stretching the suspensory ligament to give you a longer penis. Other exercises work on flooding the corpora cavernosa chambers of the penis with blood. This will eventually cause the chambers to expand and allow them to hold more blood during erections. Hence this will make your penis bigger!

I myself have been exercising to naturally increase penis size for just over 6 months. While my results are not miraculous, my measurements tell me that i have gained in both length and girth. Although i still have a long way to go, I am ecstatic that i have finally found a way to increase my penis size. I once used to fear letting a woman see me naked. I could feel my heart racing, small beads of sweat falling from my brow. I was just waiting for the ultimate humiliation of having my small penis laughed at!

Exercising to make your penis bigger can finally help you to conquer this fear. Sure, it's not an overnight thing and you need to be dedicated and patient. However, once you start to notice those initial gains, you can feel an overwhelming sense of self confidence! Just knowing that your penis is now bigger than it ever was can completely alienate that fear of stripping off in front of a woman!

About the Author

CAUTION: Now i need you to pay very close attention to this:- If you're ashamed of the size of your penis and the thought of surgery scares you half to death you need to do something about it right now! The next page contains some of the most shocking and yet enlightening information about natural penis growth and will also introduce you to the best [Penis Enlargement Exercise Program](#). You simply cannot afford to miss this - [Click Here](#).

Source: <http://www.articlegods.com>